

AGEING  
WELL

Kia eke kairangi ki te  
talkaumatanga

# Health of older New Zealanders in relation to housing tenure

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AUSTRALIAN AND NEW ZEALAND HEALTH

## The health of older New Zealanders in relation to housing tenure: analysis of pooled data from three consecutive, annual New Zealand Health Surveys

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There is a considerable body of international literature focusing on the

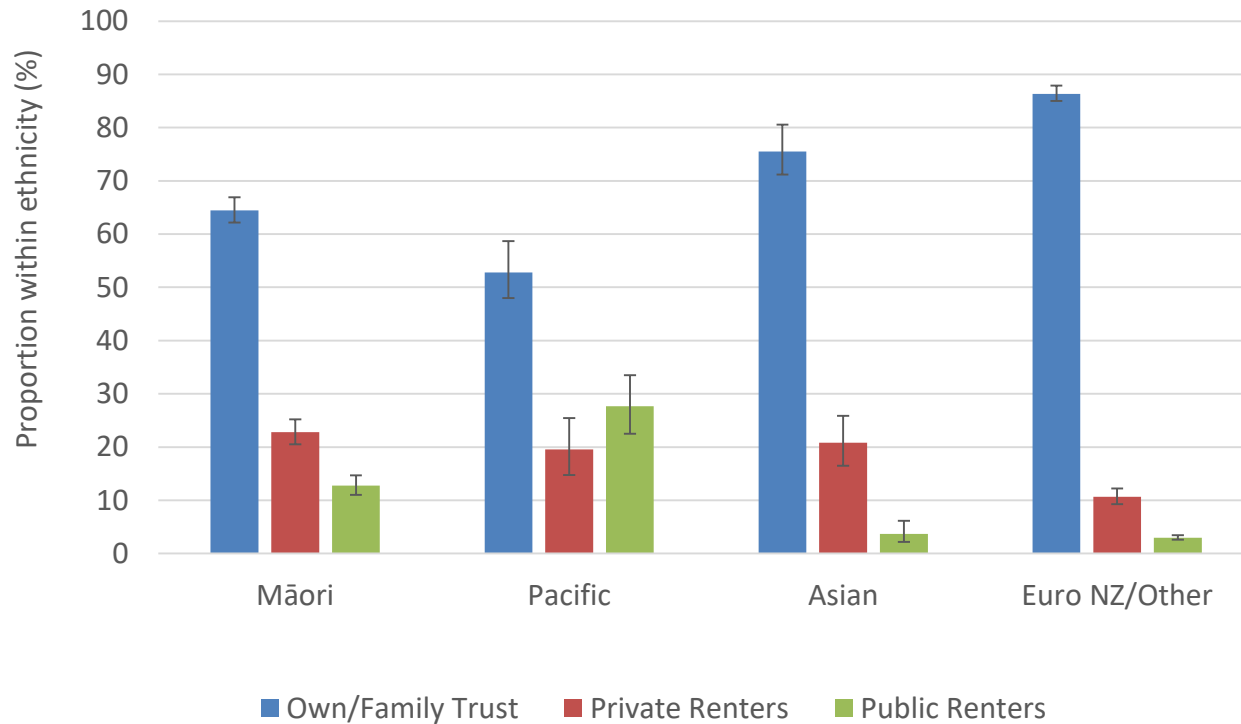
### Abstract

*Australian and New Zealand Journal of Public Health, (2019), 43(2), 182-189. doi:10.1111/1753-6405.12875*

# The New Zealand Health Survey

- National survey
- Analysed data from 2013/14, 2014/15, 2015/16 for people aged 55+ (n= 15,626)
- Compared 3 age groups:
  - 55-64, 65-74, 75+
- Compared 3 tenure groups:
  - home owners/family trust (83%)
  - private renters (12%)
  - public renters (5%)

# Findings 1: prioritised ethnicity



# Findings 2: health

(long-term conditions; all ages combined)

Health condition	Public renters (%)	Private renters (%)	Home owners/FT (%)
Diabetes	<u>27</u>	<u>14</u>	11
Asthma	<u>28</u>	<u>18</u>	14
Heart attack	<u>16</u>	<u>9</u>	8
Angina	15	10	7
Heart failure	9	6	4
Other heart disease	<u>21</u>	<u>15</u>	14
Stroke	10	6	3

# Findings 3: health (long-term conditions; all ages combined)

Health condition	Public renters (%)	Private renters (%)	Home owners/FT (%)
Arthritis	<u>43</u>	<u>37</u>	37
Chronic pain	<u>41</u>	<u>33</u>	29

# Findings 4: mental health (all ages combined)

Health condition	Public renters (%)	Private renters (%)	Home owners/FT (%)
Depression	24	<u>20</u>	<u>14</u>
Anxiety disorder	14	10	7

# Health services utilisation 1

- Usual GP/medical centre
  - Public renters 98%
  - Private renters 96%
  - Home owners 99%
- Saw GP about own health in past 12 months
  - Public renters 92%; av. 6 times
  - Private renters 88%; av. 5 times
  - Home owners 91%; av. 4 times



# Health services utilisation 2

- Used a service or admitted to a public hospital
  - Public renters 49%
  - Private renters 40%
  - Home owners 34%
- Used the emergency department
  - Public renters 26%
  - Private renters 19%
  - Home owners 15%

# Unmet need

- Didn't see GP because of cost
  - Public renter 25%
  - Private renter 14%
  - Home owner 6%
- Didn't collect prescription items because of cost
  - Public renter 20%
  - Private renter 8%
  - Home owner 3%

## Summary

- Health of older people varies by tenure
- Implications for likely need of future health services, including in-home or residential care

